

# MASSE MORO

Sons of Norway Fifth District Norwegian Heritage Camp



## WHAT IS MASSE MORO?

Masse Moro is a **Norwegian heritage camp for youth** sponsored by the Sons of Norway Fifth District. Since 1979, it has been helping youth celebrate their Norwegian heritage and getting families connected to the Sons of Norway through its **cultural immersion program**. At camp, youth will learn the language, eat the food, listen to the music, tell the tales and myths, and celebrate the traditions of Norway.

## ELIGIBILITY

Our camp is open to both **boys and girls between the ages of 9 and 15 years old**. (Campers must be 9 as of the first day of camp. No exceptions.) A two-week sleepaway camp, campers stay in cabins (furnished with bunk beds) along with 2-3 staff members and an additional 9-12 other campers. This small cozy atmosphere creates a bonded tight-knit cabin that creates a home away from home where campers feel safe and comfortable.

## RATE FOR MASSE MORO

**Tuition** **\$850.00\***

*Includes admission for one camper for the two-week session*

**Applications must be received on or before May 17th in order for your camper to qualify for matching funds through District Five.** After May 17th, we will continue to accept applications until July 1st.

In order to qualify for District One scholarship support, please turn in your Camper Application to your lodge as early as possible. The scholarship deadlines may be different in other districts, so please communicate with them early for your best chances at financial aid.

Please visit **[www.massemoro.org](http://www.massemoro.org)** and select the **"Admissions Information"** tab for all application materials including the Camper Application, Matching Funds Form, and Health Forms.

*\*May be subject to change.*

## WHAT'S ON OUR PLATES

Campers will have **3 square meals a day including snacks** and breaks throughout the day. At the beginning of every meal, campers are taught the vocabulary for that meal as well as key meal-time phrases in Norwegian. Campers eat a mix of traditional **Norwegian cuisine and American favorites**. Special dietary accommodations can be met, including allergies and vegetarian/vegan diets.



## WHAT'S THE NEXT STEP?

Register for camp today! We'll walk you through the process with our easy checklist.

1. Visit [www.massemoro.org](http://www.massemoro.org) and select the "Admission Information" tab ☐
2. Fill out the application that corresponds to your District ☐
3. Fill out the Health Form for your camper(s) ☐
4. Pay your \$100.00 application fee (used toward tuition) ☐
5. Receive your Camper Welcome Packet/Email ☐
6. Start packing (we have a packing list on our website under the "Admissions" tab) ☐
7. Attend camp July 17-30, 2022 ☐





# ACTIVITIES AND PROGRAMS

Every day campers follow a schedule or Timeplann. This helps keep the day at Masse Moro running smoothly. Here's what campers will experience daily.



## Norwegian Flag

Daily we raise and lower the Norwegian flag and sing *Ja, Vi Elsker* and *Aftensoen Smiler*.



## Meals at Masse Moro

We eat 3 square meals a day and also have snacks. Every meal is started and ended with a norsk song.



## Group Sing-alongs

Songs are a great way to learn Norwegian. Every day we meet as a camp and sing songs.



## Language Classes

Language classes are taught twice daily. Campers learn through games, worksheets, and interactive experiences.



## Activity and Folk Art Classes

Campers can sign up to take one week and 2-day classes. Examples include: nordic painting, baking class, folk dance, sewing/knitting, mythology, or viking arts, and theatre.



## Sports

Soccer, volleyball, hiking, and archery are all celebrated sports in Norway. Daily campers will get to try new sports and activities.



## Camp Store/Free-time

During a free period, campers are able to visit the camp store and purchase norsk treats, books, music, or other goods.



## Viking Games

Campers learn leadership and respect as they form Viking Families and learn the games of the old age. The last day of camp, campers will compete in a day long Viking Olympics.



## Evening Cultural and Historical Programs

The highlight of the day is a large evening program involving the entire camp exploring various topics and issues such as Norwegian history, the whaling industry, immigration, Nordic Gods, popular Norwegian music, or learning about the native people of Norway—the Sami. After the program, everyone gathers around the campfire to reflect and discuss what was learned that day or perhaps enjoy the re-telling of a Nordic myth.

# MASSE MORO PRIDE

Our campers will undoubtedly tell you that they love Masse Moro and can't wait to return. Here's what others say about the experience.



Camp Staff '92

I attended camp from 1980-92. No other childhood experience meant as much to us, or created so many memories. This summer, I was able to send my own girls. They were thrilled to be in the place I loved and the first words I heard at the end of camp were, "I can't wait until next year!"

—Stacy Milward Mentzer



Rosemaling Class

My granddaughter Alexa spent 2 weeks at Camp this past summer. It was another wonderful year of learning language, crafts, customs, and meeting kids from all over.

—Linda Curtis

**Masse Moro Sons of Norway Fifth District Norwegian Heritage Camp**  
July 17-30, 2022 Beaver Creek Nature Reserve, Fall Creek, WI  
www.massemoro.org • Facebook: www.facebook.com/groups/massemoro

